**OBSERVATION: Observation**

**WHERE: In-/outside main house, compound, community, work, school, etc.**

**WHO: Mother & Jackson**

**DATE: 14-09-2017**

|  |  |  |  |  |  |  |  |  |  |
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| **Time** | **Activity** | **Duration** | **Family member’s wellbeing scale from relaxed (0) to anxious(5)** | **Distance between actor and family member: scale from too close(0) to too far (5)** | **Helping the observed: scale from helpful (0) to harmful(5)** | **Questions of the actor: scale from helpful (0) to harmful (5)** | **Support level fulfilment: none (0), following all the steps(5)** | **Comment** | **Picture** |
| 09:00 | Preparation | - | - | - | - | - | - |  |  |
| 09:15 | Getting up | 20 min | 5 | 3 | - | - | 5 | Jackson is slightly to far away from the subject to see what is actually going on |  |
| 09:25 | Morning | 30 min | 4 | 3 | - | 1 | 4 | Jackson is asking some helpful questions why the family is folding up the bed, how they prepare the breakfast, etc. |  |
| 09:30 | To work | 20 min | 3 | 1 | - | 3 | 4 | Jackson is taking good use of the walk to work; chatting with friends and colleagues really helps to better understand the personal relations. |  |
| 09:30 | At work | 240 min | 3 | 3 | 1 | 4 | 4 |  |  |
| 09:35 | Breaks | 15 min | 2 | 4 | - | 1 | 3 |  |  |
| 09:40 | At work | 240 min | 2 | 3 | 1 | 3 | 5 |  |  |
| 09:45 | To home | 20 min | 1 | 1 | - | 2 | 3 |  |  |

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| **Number** | **Feedback** |
| 1 | I think Jackson should be slightly closer to his subject to observe |
| 2 | Jackson is really good in getting very detailed information about getting up and preparing for work. It does disturb the family a little but gives the team very useful information. |
| 3 |  |

|  |  |
| --- | --- |
| **Number** | **Decisions** |
| 1 | Jackson will try to stand/sit a little closer to the subject (family member) |
| 2 |  |
| 3 |  |
| 4 |  |
| 8 |  |